



SOUTH WEST 7
RESTAURANT



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English breakfast

£17.50

Best back bacon, Cumberland sausages, hash browns, grilled tomatoes, baked beans, mushrooms, choice of fried or scrambled eggs

Plus your choice of items from the continental buffet

Additional items from the à la carte menu charged at £4.50 per item

Continental breakfast

£14.50

Selection of bread rolls, croissants, Danish pastries, preserves, yoghurts, cereals and muesli, cheeses and cold meats, fruit juices, tea and coffee

Please help yourself from our continental buffet

Additional items from the à la carte menu charged at £4.50 per item

A la carte menu

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| Bircher muesli with berries | £7.50 |
| Fresh fruit salad with yoghurt, muesli and honey | £7.50 |
| Grilled Loch Fyne kippers with lemon wedge | £9.50 |
| French toast | £7.50 |
| Smoked haddock with a poached egg | £9.50 |
| Three-egg omelette | £8.50 |
| Eggs Benedict | £8.50 |
| Pancakes with maple syrup | £7.50 |
| Waffles with smoked bacon and maple syrup | £7.50 |
| Boiled eggs and soldiers | £5.50 |
| Fresh fruit platter | £7.50 |
| Selection of pastries | £6.50 |

Fresh smoothies

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| Smoothie of the day (200 ml) | £4.50 |
| Freshly squeezed orange juice (200ml) | £3.50 |

Drinks

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| Selection of herbal teas and infusions | £3.50 |
| Earl Grey, Assam, Darjeeling, Ceylon, Lemon and Ginger, Strawberry, Green tea, English Breakfast, Peppermint | |
| Speciality coffees | |
| Cappuccino, latte, mocachino, macchiato | £3.50 |
| Hot chocolate | £3.50 |
| Espresso (single) | £3.00 |
| Espresso (double) | £3.50 |

Cold drinks

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| Coca-Cola (200ml) | £2.50 |
| Diet Coke (200ml) | £2.50 |
| Still/sparkling water (750ml) | £4.95 |

From the bar

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| Flute of House Champagne (125ml) | £6.50 |
| Bottle of House Champagne | £35.00 |